


NUTRITION VALUES FOR CAMPBELL'S CONDENSED SOUP: AVERAGE VALUES PER 100g AND PER SERVE. © DECEMBER 2017

This information is correct as of 1 December 2017. We regularly review our formulations, so please always check the product label.

	Per 100g									Per serve								
	HEALTH STAR RATING	Energy	Protein	Fat	Sat Fat	Carb	Sugars	Fibre	Sodium	Size	Energy	Protein	Fat	Sat Fat	Carb	Sugars	Fibre	Sodium
		kJ	g	g	g	g	g	g	g	mg	g	kJ	g	g	g	g	g	g
Condensed Soup																		
Chicken Noodle 400g	3	99	1.1	0.4	0.1	3.7	0.1	0.1	318	250	248	2.8	1.1	0.3	9.2	0.3	0.3	795
Cream of Asparagus 420g	3	203	1.5	2.4	1.1	5.1	2.5	0.3	296	250	508	3.7	6.0	2.7	12.7	6.2	0.7	739
Cream of Celery 410g	3	223	1.6	3.1	1.0	4.6	1.7	0.2	283	250	557	4.0	7.8	2.5	11.6	4.2	0.4	708
Cream of Chicken 420g	3	201	1.5	2.4	0.9	5.0	1.6	0.1	331	250	502	3.8	6.0	2.2	12.6	4.1	0.3	827
Cream of Chicken & Corn 420g	3	221	1.6	2.4	0.9	6.1	3.0	0.4	297	250	553	4.1	5.9	2.2	15.1	7.5	0.9	743
Cream of Chicken & Mushroom 410g	3	179	1.4	2.2	1.0	4.2	1.4	0.2	293	250	446	3.4	5.6	2.6	10.6	3.5	0.4	732
Cream of Mushroom 420g	3	180	1.4	2.2	0.8	4.3	1.4	0.3	296	250	451	3.5	5.5	2.1	10.7	3.5	0.8	740
Cream of Pumpkin 420g	3.5	230	1.5	1.9	1.2	7.5	4.1	0.9	255	250	574	3.8	4.6	3.0	18.8	10.2	2.2	639
Minestrone 420g	4	152	1.3	0.3	0.1	6.4	2.4	1.2	296	250	379	3.3	0.8	0.4	15.9	6.1	2.9	740
Rich Tomato 430g	3.5	165	0.9	0.1	0.0	8.2	6.3	0.8	298	250	413	2.2	0.3	0.1	20.6	15.6	1.9	745
Split Pea & Ham 420g	4	232	3.3	0.2	<0.1	5.5	1.5	1.4	275	250	580	8.2	0.6	0.1	13.8	3.7	3.4	688
Tomato 420g	3.5	160	0.9	0.1	0.0	7.9	6.3	0.8	346	250	399	2.2	0.3	0.1	19.7	15.7	2.1	865
Vegetable & Beef 420g	3	109	1.1	0.3	0.1	4.3	0.9	0.6	330	250	273	2.8	0.8	0.3	10.8	2.1	1.5	826